

Dear Marengo Community:

Many of you know me through my many years serving as the Superintendent of Marengo Community HS, but now I would like to introduce myself as the new part-time Director of the Marengo Park District. As a resident of Marengo for the past 16 years, I look forward to providing the park district with the leadership that will make it the place you look to for your fitness/recreational needs. We value input from community members as we implement changes and programs at the park district. You are an integral part of enhancing and expanding our programming. Please email us with your responses to the areas below at info@marengoparkdistrict.org.

Activities/Programs- REGISTRATION FOR SPRING ACTIVITIES INCLUDING SOCCER IS NOW OPEN (see page 2). We are interested in expanding our programming and activities to better meet the needs, interests and abilities of participants of all ages. If you and/or your child have any activities, programs such as fitness, recreational, art/crafts, leagues, etc. that you would like to see the park district offer please email us your ideas and interests.

Ideas /Suggestions/Feedback - If you have any ideas, suggestions or feedback about the park district, we would like you to share them with us. Your input will be used to improve and expand our activities, programs and services.

Instructors/Coaches-We want to offer a wide-variety of activities and classes such as arts, crafts, educational, fitness classes for seniors and all ages, activities, sports, and much more. If you are interested in possibly being an instructor or coach for the park district please email us your name, program interest and contact information (phone/email).

Use of Facilities-Please keep the park district in mind for your facility needs when you are planning birthday parties, picnics, meetings, and/or sporting events. We would like to be the home for your dance studio, martial arts studio or other fitness/recreational related business. Additionally, we have two office spaces available for rent or lease- see our website for more information.

Website Photos-We will soon be launching our new Marengo Park District website. We would like to include up-to-date photos to post. If you are willing to share any photos from park district activities please email them to us or share them with us by tagging our Marengo Park District Facebook page.

Volunteers/Foundation – Please email us if you are interested in volunteering for the park in any capacity or if you are interested in helping us form a Friends of the Park Foundation, a 501c non-profit to assist us with enhancing and expanding the facilities and equipment at our parks

We look forward to working with you and serving you in the near future.

Dr. Dan Bertrand
Director
Marengo Park District (info@marengoparkdistrict.org)



SPRING PROGRAMS/ACTIVITIES- SIGN UP NOW!!!

Check out our NEW WEBSITE- <u>www.marengoparkdistrict.org</u> and join our Facebook page for current information. To Register call 815-568-5126

EVENTS

EASTER EGG HUNT-The annual Easter

Egg Hunt will take place at Indian Oaks Park on Saturday, April 3rd at noon. FREE for all ages. Crafts and photos with the Easter Bunny.

PROGRAMS

HIIT — A variety of workout stations creates a fun atmosphere of unique exercises to target all muscle groups and provide a total body workout. In one minute intervals at high intensity this class will sculpt, tone and strengthen your body fast! This class works with low weight, high reps with little rest in between sets.

Meets: Monday, Tuesday and Thursday

Time: 8am – 9am Sessions: 4/5/21-6/3/21 Resident \$50/Non-Res \$60

SPIN —45 min class combining Group Cycle and HIIT (High Intensity Interval Training). Simulated flat roads, hill climbs, sprints & races. Great cardio vascular workout. HIIT, or high-intensity interval training, is a training technique in which you give allout, one hundred percent effort through quick, intense burst of exercise, followed by short, sometimes active, recovery periods.

Meets: Tuesdays and Thursdays

Time: 5:15pm – 6pm Session: 3/9/21-4/29/21 Resident \$85/Non-Res \$90

ACTIVITIES

U6 SOCCER

Games: Saturdays 10:00am & 11:00am -May 8th, 15th, 22nd (off Memorial Day), June 5th, 12th, 19th.

Practice: TBD- during the week at the park.

Resident \$35/Non-Res \$40 Age: Birth years- 2015 & 2016

Uniform: Team shirt supplied by MPD. Registration opens: March 1, 2021

Registration closes: April 10, 2021-\$10 late fee from

April 11-14.

U8-SOCCER

Games: Saturdays 8:50am & 9:50am at Park District fields. May 8th, 15th, 22nd (off Memorial Day), June 5th, 12th, 19th

Practice: TBD- during the week at the park.

Resident \$35/Non-Res \$40 Age: Birth years- 2013 & 2014

Uniform: Team shirt is supplied by MPD.

Registration opens: March 1, 2021

Registration closes: April 10, 2021, \$10 late fee from

April 11-14

U10 U12 U14- SOCCER

Season dates: Saturdays -April 5^{th} - May 29^{th} Practice: TBD- Once a week starting the end of

March

Resident \$45/Non-Res \$50

Ages:

U10-Birth year 2011-2012 U12-Birth year 2009-2010

U14-Birth year 2008-2007, and 8th graders born in

fall 2006.

Jerseys: Need to be purchased at Hyperstitch. 219 E.

Grant Highway, Marengo

Registration opens: March 1, 2021 Registration closes: March 14, 2021

COMING THIS SUMMER

SOFTBALL LEAGUES

For Men, Women & Co-Ed. -Sign up as an individual (\$30) or a team (\$350 for 12 players). Weeknights May /June. 12 min. players per team. More information will be available by April 1st.

VOLLEYBALL CAMPS-Introduction to

Volleyball for boys and girls in 5th & 6th grade and **Volleyball Skills Camp** for boys and girls in 7th & 8th grade in August, two times per week. More information will be available by April 1st.

COVID -19: All programs and activities are contingent upon the current mitigation measures in place at the time of the activity per IDPH.